



EMBRACING

children, families & communities

Annual Report
2022



"Creating an environment where children, families, educators and communities achieve full potential."

NEWS

a message from the ceo

I am honored to be leading Families and Communities Rising, Inc. during this pivotal time in the agency's evolution. In 2021, the agency faced seemingly insurmountable challenges stemming from the pandemic. Like most, we had to realign our services to create new ways to serve children and families, and support our community partners. Our center-based programs, KidSCOPE and FCR Head Start & Early Head Start, connected with families while providing direct early education and family support services.

On a national scale, our ARCH National Respite Network and Resource Center, and FRIENDS programs provided technical assistance, training resources, and information on respite care and child abuse prevention for community agencies and caregivers.

In this, our 54th year of providing services to children, families, and community organizations, we continue with our vision of creating an environment where children, families, educators, and communities achieve full potential and commit to lifelong learning. We are focused on our mission to educate and empower children, families, communities, and organizations by delivering unique educational and supportive services.

fiscal year 2021-2022

In FY 21-22 FCR, Inc. operated from a budget of \$18,230,977, which consisted of \$2,226,230 in total revenue and \$16,004,747 from federal, state, local, grants and contributions, and other support.

past, present & future

Families and Communities Rising, Inc. (FCR) has a long history of providing services to children, families, and community organizations. In 2021 we implemented our name change as part of our multi-focus strategic plan, which was developed in 2019 after extensive introspection and discussion with key stakeholders. Together with staff, families, and community partners, we are continuing to review and refine our strategic plan as we continue on the revised course we have set for FCR, Inc.

In the early years, our name Chapel Hill Training Outreach Project (CHTOP) reflected our roots as a national provider of training and technical assistance services, audiovisual and print materials, and direct services to children and families. As we evolved, we became more than a training and technical assistance organization. Our new name, Families and Communities Rising, Inc., more accurately reflects what we do and who we are.

As we move forward with increasing services and moving beyond the impact of the pandemic, we seek to increase our financial resources beyond the grant funds we receive.

We will continue serving children and families and providing resources and training for our staff, families, and community partners so that we can create a community of potential, strength and harmony.


Terry David, CEO





OUR MISSION

Here at Families and Communities Rising, our mission is to educate and empower children, families, communities, and organizations by delivering unique educational and supportive services.

OUR VISION

Our vision is to create environments where children, families, educators, and communities achieve full potential and commit to lifelong learning.

OUR WORK

the scope of our work (who/what/where)

Families & Communities Rising (formerly known as CHTOP — the Chapel Hill Training Outreach Project) empowers children, families, and communities by providing resources that help develop and sustain an enhanced quality of life. Our local and national programs offer direct and indirect services to support families from low-income households, families caring for the elderly, children with disabilities or chronic illness, and children at risk of abuse and neglect. Our culturally diverse, innovative, and educational approach means we meet people where they are — and work together to find new ways to make our communities even better.



“Empowering children, families, and communities by providing resources that help develop and enrich the quality of life.”



"Our vision is to create environments where children, families, educators, and communities achieve full potential and commit to lifelong learning."



Enrollment
727



Children
served this
school year

813



Daily Attendance

86.51%

CONNECT

**male engagement
program**

At Families & Communities Rising, we have created the Male Engagement Program to create a pathway for families who we serve to engage men when a father is absent from a child's life or to offer support for men who are seeking deeper connections with the children in their lives.

NORTH CAROLINA -BASED PROGRAMS

Head Start/ Early Head Start

The FCR Head Start & Early Head Start programs adapted in unique ways for the '20-'21 school year as the North Carolina Governor implemented state-wide quarantines for its citizens. Head Start & Early Head Start leveraged personalized digital learning platforms to provide learning experiences for students, parents, and staff during the pandemic. During this time of uncertainty, the program was also able to support families experiencing food insecurities, essential care issues, technological and device support, and educational supplies through relationships with partners in Durham and Orange communities.

Under prudent advice from local health officials, classrooms in some centers opened on a limited basis in January 2021 to assist parents working as essential staff or to provide care for those who were able to begin working to support their family.

2020-2021 Early Head Start/Head Start by the Numbers

- 714 enrolled in Head Start/Early Head Start (714=funded enrollment)
- 634 children served throughout the school year
- 80.18% average daily attendance
- 6 hours minimum of daily classroom instruction
- 1 home-based visit per week
- 1.5 hours minimum home visit

Every now and again there's a story here at FCR that truly inspires us. A mother and her two children came to our Durham County office back in 2021 with no permanent housing. Right away, we enrolled the children into our Head Start & Early Head Start programs. We were also able to provide much-needed housing resources through our community partner, Families Moving Forward, which helped them secure stable and permanent housing shortly after.

Once they moved in, FCR, Head Start & Early Head Start were able to help out further by providing clothing and food. The mother had a vision for her family and it was so rewarding and humbling to watch them achieve what they set out to do!

Sacrifices come in all shapes and sizes. In 2021, we met a new family with a less than ideal home situation. They were sharing their place with other relatives, which meant space was tight. Additionally, the mother had put her GED on hold to continue working to make ends meet. She wanted to go back and finish her diploma and save up enough to find her family a place of their own, but things were looking tough. That's when she turned to FCR for help.

We were able to help them find and move into a new home, one that they could call their own. It was a long time coming and the mom was overwhelmed with gratitude. Additionally, she is back on course to complete her GED program. They are an amazing family and we're so proud of how far they've come!



**Incredible Years
training groups
offered**

5



2

**Classes
offered in
Spanish**



**Parent/Caregiver
Graduates**

60

KidSCOpe

Created in 1988 to provide services to young children and their families, KidSCOpe's specialized staff provides social-emotional health services for young children, consultation in child care classrooms, parent education, inclusive child care, and resources for families and providers of young children.

KidSCOpe provides mental health consultation and services, parent education, inclusive child care programs, and the Assuring Better Child Health and Development (ABCD) program.

KidSCOpe offered five parent education groups in 2020-21, focusing on the Incredible Years basic curriculum for preschool students aged 3-6 years. These were funded by United Way Family Success Alliance & Making Connections and NC Children's Trust Fund. Staff modified various processes to support stronger virtual implementation and increase parent engagement while maintaining recommended programmatic standards according to Prevent Child Abuse North Carolina (PCANC), the Department of Health and Human Services, and curriculum fidelity standards for FY 20-21.

2021-2022 KidSCOpe by the Numbers

- 5 Incredible Years parent education preschool training groups offered
- 3 of the 5 groups were offered in Spanish
- 40 parents/caregivers graduated from Incredible Years
- 36 graduates provided data to PCANC and HER for statewide comparison
- 65% of participating parents have a family income of 150% FPL or less



INCREDIBLE YEARS

Parents want the best for their children, but sometimes they need a little help or coaching. The Incredible Years Parenting programs are free, evidence-based classes to support and educate parents and caregivers of toddlers and preschoolers. The program's goal is to help build a foundation of support at home that provides structure, consistency, and positive discipline practices, which in turn will lead to increased positive behavior. Offered in English and Spanish, classes focus on adult-child play, praise and rewards, effective limit setting and positive discipline techniques. One parent shared, "I didn't know what I was supposed to do when [my son] was melting down, but KidSCOpe helped me better understand him. He is much better at telling me his wants and needs."

"Providing mental health consultation and services, parent education, inclusive child care programs, and the Assuring Better Child Health and Development (ABCD) program."



subscribers

191 



nationally-based
programs have
reached over

35,000
people and
organizations

41 
states
involved

requests
answered
542 

NATIONALLY-BASED PROGRAMS

ARCH National Respite Network and Resource Center (ARCH)

Respite is planned or emergency care provided to a child or adult with special needs in order to provide temporary relief to family caregivers who are caring for that child or adult. ARCH supports caregivers by assisting and promoting the development of quality respite and crisis care programs; helping families locate respite and crisis care services in their communities; and serving as a strong voice for respite in all forums.

2/1/22 through 1/31/23 – ARCH by the Numbers

- 5500 subscribers to the overall ARCH email list for ARCH monthly newsletter, notices of new products, webinars, and other events
- 254 average subscribers to Respite Research Consortium email list
- 4 international webinars cohosted by ARCH and its partner, the BREAK Exchange at Marquette University School of Nursing
- 20 Learning Collaboratives held for the National Respite Network.
- A ten-state field test of a respite provider recruitment and training initiative trained over 565 new respite providers.
- 42 states and the District of Columbia, plus Australia and Canada, received technical assistance
- 464 individual technical assistance requests answered, including 124 requests from family members looking for respite care
- ARCH hosted a National Lifespan Respite Conference in Madison, WI with over 200 participants from 35 states and the District of Columbia.

FRIENDS national center for community-based child abuse prevention

FRIENDS provides targeted training and technical assistance to the community-based child abuse prevention (CBCAP) community. It also strives to provide evidence-based high-quality information to the general child abuse prevention community as a federally mandated training and technical assistance provider for CBCAP.

2021-2022 FRIENDS by the Numbers

- 124 state-specific webinars/virtual meetings held
- 17 multi-state webinars/virtual meetings held
- 9 monthly peer learning calls were held with a total of 336 participants
- 5 New State Lead Community of Practice webinars were held, with a total of 133 attendees
- 13 courses available from the FRIENDS Online Learning Center (OLC) with 298 registrants.

CURRENT LEADERSHIP

board of directors

We are proud that these community leaders have chosen to lead our charge and provide invaluable guidance. The board is comprised of individuals who volunteer their time, guidance, energy, and support to help FCR achieve and maintain successful outcomes.

Our Board of Directors includes:

Dr. B. Angeloe Burch, Sr. (Chairman of the Board)

Karen White, MSW, LCSW (Vice-Chairperson)

Angela Poole, CPA (Treasurer)

S. Lavi Wilson, DSW, MSSW (Secretary)

Eric M. Williams, Esq. (Member at Large)

Ikenna Martin Opara (Member at Large)

Brian Lewis (Member at Large)

management team

At FCR, we value people and are thankful for such a dedicated, hard working and experienced leadership team. Our headquarters is based in Durham, NC.

Our management team includes:

Terry David, Chief Executive Officer

Dan Kutner, Chief Financial Officer

Sarah Hiskey, Director, Human Resources

Shana Carignan, Director, Development

Deric Boston, Director, Early Education Programs

Jill Kagan Director, ARCH

Dr. Valerie Spiva Collins, Director, FRIENDS

TBD, Director, KidSCOPE

Cheryl Walfall-Flagg, Executive Assistant



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